

CLEMENT MANOR		Clement Manor F/W Midwest Alts 2024				Regular/NAS/Consistent CHO		Week 5
Sunday APR 6	Monday APR 7	Tuesday APR 8	Wednesday APR 9	Thursday APR 10	Friday APR 11	Saturday APR 12		
Breakfast								
Choice of Cereal Eggs of Choice Chocolate Croissant	Choice of Cereals Scrambled Eggs Breakfast Ham Slice Wheat Toast	Choice of Cereal Cook's Choice Eggs Buttered Waffles Sausage Links	Choice of Cereal Cook's Choice Eggs Bagel w/Cream Cheese	Choice of Cereal Scrambled Eggs Bacon Wheat Toast	Choice of Cereal Cooks Choice Eggs Sausage Links Wheat Toast	Choice of Cereal French Toast Sticks Sausage Patty		
Lunch								
Ginger Barbecue Chicken Cheesy Mashed Dinner Roll Green Beans Vanilla Pudding Cake	Beef Fritter Onion Roasted Potatoes Tossed Salad Cherry Chocolate Bar	Patty Melt Potato Chips w/Pickle Carrots Peach Cobbler	Macaroni & Cheese California Vegetable Blend Dinner Roll Custard Pie	Chicken a la King Buttered Noodles Normandy Vegetable Blend Biscuit Pecan Pie	Spaghetti w/Meatless Sauce Winter Vegetables Dinner Roll Tossed Salad Vanilla Cake	Pork Chow Mein White Rice Seasoned Peas Dinner Roll Cookie		
Baked Ziti	Lemon Baked Fish	Margherita Cheese Pizza	Vegetable Pot Pie	Roast Beef & Provolone Sandwich Three Bean Soup	Crumb Topped Fish Cole Slaw	Dijon Chicken Mushroom Casserole		
Dinner								
Garden Vegetable Soup Tuna Noodle Casserole Green Beans Wheat Bread Banana	Shrimp Chowder Pizza Casserole Buttered Breadstick Corn Mixed Melon Salad	Cream of Broccoli Soup Tuna Sandwich Green Beans Red Grapes	Beef & Potato Soup Fish Sandwich French Fries Cole Slaw Apple Slices	Vegetable & Rice Soup Ham & Cheese Sandwich Sweet Potato Fries Cantaloupe	Split Pea Cheese Pizza Tossed Salad Buttered Breadstick Fresh Fruit Cup	Chicken Wild Rice Soup Chicken Cordon Bleu Mashed Potatoes Corn Cinnamon Applesauce		
Garlic Parmesan Braised Chicken	Beef Enchilada Seasoned Black Beans	BBQ Meatballs	Pork Chop Suey Carrots	Chicken & Stuffing Casserole Peas & Carrots	Mustard Glazed Beef Cheesy Mashed Potatoes	Pot Roast		