CLEMENT MANOR **Clement Manor F/W Midwest Alts 2024** **Regular/NAS/Consistent CHO** **Week 5**

Sunday Mar 2	**Monday** Mar 3	**Tuesday** Mar 4	**Wednesday** Mar 5	**Thursday** Mar 6	**Friday** Mar 7	**Saturday** Mar 8
Breakfast						
Choice of Cereal Eggs of Choice Chocolate Croissant	Choice of CereaL Scrambled Eggs Breakfast Ham Slice Wheat Toast	Choice of Cereal Cook's Choice Eggs Buttered Waffles Sausage Links	Choice of Cereal Cook's Choice Eggs Bagel w/Cream Cheese	Choice of Cereal Scrambled Eggs Bacon Wheat Toast	Choice of Cereal Cooks Choice Eggs Sausage Links Wheat Toast	Choice of Cereal French Toast Sticks Sausage Patty
Lunch						
Ginger Barbecue Chicken Cheesy Mashed Dinner Roll Green Beans Vanilla Pudding Cake	Beef Fritter Onion Roasted Potatoes Dinner Roll Tossed Salad Cherry Chocolate Bar	Maple Glazed Chicken Baked Sweet Potato Half California Vegetable Blend Cinnamon Maple Apple Cake	Macaroni & Cheese California Vegetable Blend Dinner Roll Custard Pie	Chicken a la King Buttered Noodles Normandy Vegetable Blend Biscuit Pecan Pie	Spaghetti w/Meatless Sauce Winter Vegetables Dinner Roll Tossed Salad Vanilla Cake	Pork Chow Mein White Rice Seasoned Peas Dinner Roll Cookie
Baked Ziti	Lemon Baked Fish	Margherita Cheese Pizza	Vegetable Pot Pie	Roast Beef & Provolone Sandwich Three Bean Soup	Crumb Topped Fish Cole Slaw	Dijon Chicken Mushroom Casserole
Dinner						
Garden Vegetable Soup Tuna Noodle Casserole Green Beans Wheat Bread Banana	Navy Bean & Cous Cous Soup Pizza Casserole Buttered Breadstick Corn Mixed Melon Salad	Bell Pepper, Sausage & Rice Soup Tuna Sandwich Green Beans Buttered Breadstick Red Grapes	Chicken & Spinach Soup Fish Sandwich French Fries Cole Slaw Apple Slices	Vegetable Barley Soup Ham & Cheese Sandwich Sweet Potato Fries Cantaloupe	Corn Chowder Cheese Pizza Tossed Salad Buttered Breadstick Fresh Fruit Cup	Chicken Wild Rice Soup Chicken Cordon Bleu Mashed Potatoes Dinner Roll/Corn Cinnamon Applesauce
Garlic Parmesan Braised Chicken	Beef Enchilada Seasoned Black Beans	BBQ Meatballs	Pork Chop Suey Carrots	Chicken & Stuffing Casserole Peas & Carrots	Mustard Glazed Beef Cheesy Mashed Potatoes	Pot Roast