

Life Enriched

March 2025

Clement  
Manor



CLEMENT MANOR, INC.

March 2025

[www.clementmanor.com](http://www.clementmanor.com)

## MARCH WAS A TIME FOR CELEBRATING!

### FAT TUESDAY!



Clement Manor celebrated **Fat Tuesday** with food and music around campus.



The Rainbow Room chefs hosted a delicious **Mardi Gras buffet** for staff and residents including traditional favorites like gumbo and king cake. Residents in the East and West buildings also received their annual paczki treats, which were delivered in many flavors!



### ST. PATRICK'S DAY!



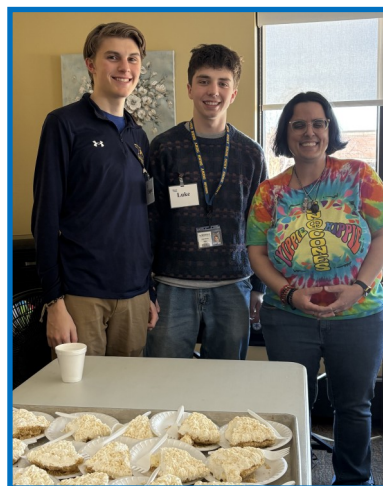
St. Patty's Day celebrations continued through the following week across campus with activities, crafts, and theme parties—while wearing, eating, and drinking **green!**

*May your thoughts be as glad as the shamrocks, May your heart be as light as a song, May each day bring you bright, happy hours, That stays with you all year long.*



### PI Day!

On March 14th, our Recreational Therapy Manager, Sabrina, held a party for Clare Suites residents to celebrate **PI Day**. She was joined by two Marquette High School student volunteers who not only refreshed everyone's memory about what PI actually means, but also played music and helped serve banana cream pie to the residents. We always appreciate our student partnerships who spend precious time with our residents!



$\pi$   
*Happy Pi Day*



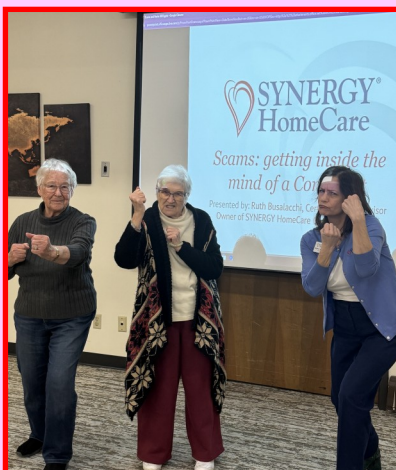
## DON'T GET SCAMMED!



**Fight off the Scammers!** Our independent living

resident attended a critical session about scam alerts. Scams can be very scary, whether they come from a phone call, text message, email, or even in person. We learned about the most recent scams and what we can do to keep our personal information safe.

Thanks to our partner Ruth at Synergy HomeCare for presenting us with the facts! We all left feeling more informed and safer about our personal information.



## MUSIC IS A UNIVERSAL LANGUAGE



Did you know musical perception is processed all throughout the brain, which means it activates ALL brain areas? Musical memory is stored throughout the brain and can be accessed through music even in late stages of memory loss. Residents at Clement Manor benefit significantly from our Music Therapists, Tom and Rebecca. Music also helps to enhance synaptic connections in the brain and helps maintain cognitive function that would otherwise be lost if left unused.



## PURIM'S SACRAFICE

Residents in our west building came together to learn more about Purim, a Jewish festival held in spring (on the 14th or 15th day of Adar) to commemorate the defeat of Haman's plot to massacre the Jews, as recorded in the book of Esther. This teaching followed their bible study after concluding the Book of Esther. It included detail how Jesus observed Purim at the Pool of Bethesda.



## Pastoral Care Message: by Tom Brefka, Pastoral Care Manager

### A Season of Renewal: From Lent to Easter

As we enter the last weeks of Lent and step into the joy of Easter, we are reminded of the beauty of renewal. Lent is a time of reflection, prayer, and sacrifice—drawing us into a closer relationship with God. Now, as Easter dawns near, we will celebrate the Resurrection, a promise of new life and hope.

This new season invites us to embrace God's grace with hearts full of gratitude. Whether through prayer, acts of kindness, or time spent with loved ones, let us rejoice in the blessings of Easter. May this time renew our spirits and bring peace to our hearts.

**Wishing you a blessed Easter season!**

### In Memoriam:

Caroline Kobb  
Audrey Scrobell  
Jane Kuchta  
Carl Gnat  
Narciso Aleman  
Barbara Gregory  
Stella Nowicki  
Martin Pelland



# Birthday Spotlight

## East and West Buildings

3/6 Lois S.  
3/7 Dawn O.  
3/8 Sr. Ruth B.  
3/9 James C.  
3/9 Nina W.  
3/10 Lee H.  
3/10 Jean K.  
3/12 Fr. Denis W.  
3/16 Eleanor R.  
3/18 Denise R.  
3/18 JoAnne P.

Every month, we love to celebrate our birthdays with fun parties in Independent Living, Assisted Living, Clare Suites and the Health Center areas. They all celebrate with entertainment and of course cake! Happy **MARCH** birthdays to all our Clement Manor residents!

3/21 Carol Ann G.  
3/23 Mitchell S.  
3/24 George B.  
3/25 Audrey P.  
3/28 Dorothy M.  
3/29 Margaret B.

## Clare Suites Memory Care

3/10 Shirley J.  
3/14 Martin P.  
3/17 Patricia S.  
3/28 Nancy O.

## MARCH BIRTHDAYS

## Health Center

3/5 Mary B.  
3/8 Evelyn D.  
3/9 Gertrude K.  
3/10 Shirley J.  
3/16 Terry H.  
3/24 Beverly R.



## MARCH (MEATBALL) MADNESS



Residents, staff, and community members came together last week for Meatball Madness—a meatball-making contest! Thank you to our community partners and judges, the Greenfield Police, Greenfield

Firefighters, and a representative from ClearPath Connections who taste tested and chose the winners. Meanwhile, residents were happy to have meatball snacks!



## SOUS CHEF CLUB!

Every month our independent residents gather for their “Cooking with Carolina” class, where they make new recipes and learn about good nutrition. This month was all about **healthy smoothies!**



## UPCOMING APRIL EVENTS



- 4/2 Clement Manor Choir—North Star
  - 4/3 Open House—West
  - 4/10 Birthday Party—East
  - 4/11 Live Music with Billy Cole—North Star
  - 4/16 Clare Suites Bell Choir Concert—North Star
  - 4/17 Sock Hop—West
  - 4/17 Easter Egg Hunt for Clare Suites/Health Center in Club House
  - 4/20 HAPPY EASTER!
  - 4/24 Danai Dancers—West
  - 4/25 Birthday Party—West
  - 4/25 Birthday Party, Clare Suites, Heath Center—North Star
  - 4/29 Mulligan's Lunch Outing—East
  - 4/30 Senior Prom for Health Center and Clare Suites residents—North Star
- \*See full activities calendars posted on website*

Clement Manor is a proud host of an Alzheimer's Association Caregiver Group. Please join us for **FREE** support group meetings at Clement Manor, facilitated by trained individuals from the Alzheimer's Association of SE Wisconsin.

Meetings are held every 3rd Monday of each month starting at 2pm. For more information call Jeanne at 414-546-7319.

**COMING SOON**

\*See attached flyers for some amazing events for all residents, family and community members to enjoy!

- **Moments to Embrace Respite Program for Caregivers**
- **April Family Brunch**
- **Lent Fish Fry Fridays**
- **Spring Open House**

*Clement Manor is a Catholic-based continuing care retirement community located in Greenfield, WI, sponsored by the Franciscan Sisters of Christian Charity. Our mission is to promote healthy aging of individuals on our campus and in the community, through the values of respect, collaboration, and quality service. Our continuum of care includes Independent and Assisted Living Apartments, Enhanced Assisted Living and Memory Care in Clare Suites, Transitional Care and Skilled Nursing in our Health Center, and the Center for Enrichment lifelong learning classes.*

**If you are interested in supporting our mission, donations are greatly appreciated! Please go to our website at [www.clementmanor.com](http://www.clementmanor.com) and click on the "DONATE NOW" button. Thank you for your generosity and support.**

## Center for Enrichment

Our Center for Enrichment continued its Keynote Series with a portrayal of Agatha Christie by Debra Miller. The Keynote Series is always a popular event; this one was a full house. Don't miss the next Keynote on **Tuesday, April 29.**

**To learn more about the CFE and it's class offerings, visit our website at: [www.clementmanor.com/cfe](http://www.clementmanor.com/cfe) or call Kristy at 414-546-7990.**



## NATIONAL SOCIAL WORKER MONTH

At Clement Manor, we have a stellar social work team - **Jeanne, Heidi and Susan!** They recognize the emotional needs of residents and families and can assist with coping, providing support, listening and answering questions. Thank you for all you do for our residents and families. **We appreciate you!**



## Recipe of the Month **Easy Hamantaschen** **Purim Treats**

### Ingredients:

- 2 large eggs
- 1/2 C granulated sugar
- 1/2 C vegetable oil
- 2 1/2 tsp vanilla extract
- 2 C all-purpose flour
- 1/2 tsp baking powder
- 1/4 tsp salt
- 1 C fruit preserves

### Directions:

1. Preheat oven to 350
2. Combine eggs and sugar; beat with mixer. Stir in oil, vanilla. Combine flour and baking powder, salt. Stir into batter to form a stiff dough.
3. Roll dough into 1/2 in. thickness. Cut into circles; place 2 in apart on baking sheet.
4. Spoon in 1-2 tsp. preserves into center of each cookie. Pinch edges to form 3 corners.
5. Bake 12—15 min.

**ENJOY!**



To register, and to see the full schedule of  
classes, go to  
[Clementmanor.com/moments](http://Clementmanor.com/moments)

# Clement Manor MOMENTS TO EMBRACE

## A CAREGIVER RESPIRE PROGRAM



### Your Time to Recharge – Their Time to Engage

#### Are you a caregiver for a loved one with Alzheimer's Disease or Dementia?

Caring for someone you love can be fulfilling but also demanding. Our 12-week program is here to help by providing 2 hours of weekly respite so you can take a breath, recharge, and feel supported.

### WHAT WE OFFER:

#### For Caregivers:

- Each week, enjoy a different expert-led class designed to inspire, educate, and rejuvenate. Topics will range from self-care to effective caregiving strategies, all led by the knowledgeable team at Clement Manor.

#### For Your Loved One:

- Simultaneous engaging activities tailored for individuals with Alzheimer's or dementia, giving them a safe, stimulating environment while you participate in the program.

*\*This program is sponsored by Bader Philanthropies*

#### Details:

**Duration:** 12 weeks  
April 4 – June 27, 2025  
Every Friday  
10 am – 12 pm  
(no session April 18th)

**Location:** Clement  
Manor  
9405 W. Howard Ave.,  
Greenfield

**This is your  
opportunity to  
prioritize your well-  
being while ensuring  
your loved one  
receives  
compassionate care  
and meaningful  
engagement.**  
Space is limited!




**CONTACT US**  
414-546-7984



**VISIT OUR WEBSITE**

[www.clementmanor.com/moments](http://www.clementmanor.com/moments)



# CLEMENT MANOR IS IN FULL BLOOM!

YOU ARE INVITED TO OUR  
SPRING OPEN HOUSE!

THURSDAY, APRIL 3, 2025  
2 - 4 PM

**COME MEET OUR RESIDENTS AND STAFF  
AND TAKE A TOUR OF OUR UPDATED  
INDEPENDENT LIVING APARTMENTS.**

**WHILE YOU'RE HERE, MEET OUR CHEFS  
WHO WILL TREAT YOU TO SOME  
DELICIOUS TREATS FROM OUR  
CHOCOLATE FOUNTAIN!**

**Clement  
Manor**

Enter at 9405 W. Howard Ave.

Greenfield, WI 53228

Questions? Call Kim at 414-546-7000

Walk-Ins Welcome!



# OFFERED IN THE RAINBOW ROOM

## 2025 Lent Fish Fridays

FRIDAY, MARCH 7

Cod Fish Fry – Dine-in or carry-out lunch and carry-out dinner (\*includes choice of side below) \$10

FRIDAY, MARCH 14

Tuna Casserole served with bread – Dine-in or carry-out lunch and carry-out dinner \$8

FRIDAY, MARCH 28

Haddock Fish Fry – Dine-in or carry-out lunch and carry-out dinner (\*includes choice of side below) \$10

FRIDAY, APRIL 4

Catfish Sandwich with Hushpuppies – Dine-in or carry out lunch, and carry out dinner \$7

FRIDAY, APRIL 11

Haddock Sandwich - Dine-in or carry-out lunch, and carry-out dinner (\*includes choice of side below) \$7

GOOD FRIDAY, APRIL 18TH

Cod Fish Fry \$10

Dine-in or carry-out lunch AND dinner  
(\*includes choice of side below)

\*Choice of sides include: fries, sweet potato fries, steamed vegetables, fruit, beer battered onion rings, tator tots, or cold veggies

OFFERED IN THE RAINBOW ROOM  
FOR ALL RESIDENTS AND FAMILIES

RAINBOW ROOM  
*Brunch*

SATURDAY, APRIL 26  
10 AM - NOON \$16

*Starter*

Berry Parfaits served  
with Toast & Jelly,  
Bagels & Cream Cheese

*Main*

Chicken Fried Steak or Country Steak  
topped with a White Sausage Gravy served with  
Cheese Grits, Southwest Potatoes (Seasoned Fried  
Potatoes with Sautéed Bell Peppers, Onions and  
Kielbasa) and Scrambled Eggs

*Dessert*

Peach Cobbler

**RSVP** to Rainbow Room Chefs  
414-546-7389

By **April 18** with payment  
(Families can pay day of)

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**NO WALK-INS  
PLEASE**