

Life Enriched

February 2025

Clement  
Manor

Franciscan Sisters of Christian Charity  
Sponsored Ministries, Inc.

CLEMENT MANOR, INC.

February 2025

[www.clementmanor.com](http://www.clementmanor.com)

# GRAND OPENING OF CLARE SUITES SENSORY COVE



The Clare Suites Sensory Cove would not be possible without the love and support of a family donor. Many residents will realize the benefits of the programming surrounding the sensory cove.



This month we celebrated the official ribbon-cutting ceremony and grand opening of the **Clare Suites Memory Care and Enhanced Assisted Living "Sensory Cove."**

The newly updated cove brings many sensory activities and items for our residents to enjoy in their programming. The IN2L touch screen system hosts online games, music, activities, exercises, relaxation screens, and more for residents to keep their minds and bodies active.

The musical instruments are a great addition to our existing music therapy programming. The sensory toys and weighted blankets help keep minds busy while reducing anxiety. The robotic pets bring joy and calmness to residents as they hold and brush them. Essential oils use the sense of smell to help with relaxation and feelings of wellness.





## VALENTINE'S FRIENDSHIP EVENTS

Valentine's Day was filled with love and friendship at Clement Manor. Residents and staff enjoyed activities, lunches, and celebrations from art projects, friendship luncheons, community bingo, to receiving personalized valentine cards from local students. Even the staff got involved sending candy grams to their favorite co-workers! We hope you felt all the **LOVE** this month.



## CHRISTMAS YEAR-ROUND



A group of residents in our east building gather monthly with activities coordinator Laura Lee to work on a community project, **Operation Christmas Child**. They make hand-braided jump ropes that will then become part of a gift box sent to children around the world at Christmas time. This project gives our residents an immense sense of purpose giving back to children in need.



## Pastoral Care Message: by Tom Brefka, Pastoral Care Manager

**Lent is a sacred season, lasting 40 days, beginning on Ash Wednesday, March 5th, and ending on Holy Saturday, April 19th.** It is a time of prayer, fasting, and giving, meant to prepare hearts for the celebration of Easter.

For many, Lent is a personal journey of deepening faith. Fasting, often associated with giving up favorite foods or habits, reminds of Jesus' sacrifice. However, spiritual fasting—such as giving up negativity or dedicating extra time to prayer—can be just as meaningful.

Prayer is central to Lent, offering moments of peace and connection with God. Whether through personal reflection, attending Mass, or attending Stations of the Cross or other services, prayer strengthens faith and brings comfort.

Acts of charity encourage us to help others. Simple gestures like offering kind words, sharing stories, or praying for loved ones can bring joy to those around us. Lent is a time of renewal and hope. Whether participating in small ways or simply reflecting on the season's meaning, it is an opportunity to grow spiritually and prepare for the joy of Easter.

Clement Manor's Pastoral Care staff will be offering Stations of the Cross on March 7, March 21, and April 11 after the 9:30am Mass. We'll be offering an evening of reflection on March 13 at 6pm. If you'd like to join us for a Lenten Candle Service, it will take place on March 26 and RSVPs are required. Our Reconciliation Service will be on March 27 after the 9:30am Mass.

### In Memoriam:

Ed Schilling  
Carol Redzinski  
Esther Nickels  
Sr. Maureen Durkin  
Richard Heinrich

# Birthday Spotlight

FEBRUARY BIRTHDAYS

## East and West Buildings

2/1 Kevin K.  
 2/10 Peg M.  
 2/11 Ed D.  
 2/11 Susan K.  
 2/16 Jim L.  
 2/16 Sr. Leona A.  
 2/17 Shirley T.  
 2/19 Jim K.  
 2/23 Anna S.  
 2/25 Essie W.  
 2/27 Mary Claire J.

## Monthly Birthday Celebrations

Every month, we love to celebrate our birthdays with fun parties in Independent Living, Assisted Living, Clare Suites and the Health Center areas. They all celebrate with entertainment and of course cake! Happy **FEBRUARY** birthdays to all our Clement Manor residents!



## Health Center

2/3 John M.  
 2/7 Rosemary M.  
 2/19 Ruth L.  
 2/20 Anna K.  
 2/24 Jane K.

## Clare Suites Memory Care

2/10 Irene G.  
 2/16 Frank P.

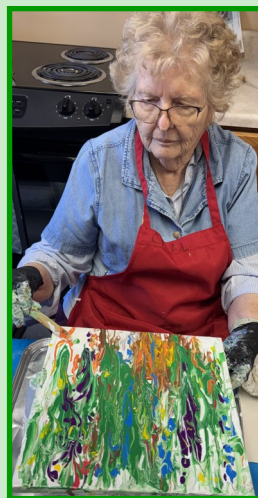
## UPCOMING MARCH EVENTS

- 3/4—Mardi Gras Social—**North Star**; Mardi Gras Luncheon **West**
- 3/4 Fat Tuesday Paczkis **East and West**
- 3/7 Birthday Party and live music—**North Star**
- 3/13 Birthday Party concert **East**
- 3/14 Pie Day Social **Clare Suites**
- 3/14 St. Patrick's Day Social—**West**
- 3/17 St. Patty's Day Social and live music —**North Star**
- 3/18 CFE Keynote Agatha Christie
- 3/16 Rainbow Room Outing **Clare Suites**
- 3/20 Supper Club for all in Rainbow Room (see flyer)
- 3/26 Cooking Club **West**
- 3/28 Birthday Social **West**

## PAINT AND SIPS



Residents got creative painting at our recent Paint and Sips event. Laura Lee did a great job overseeing this event, which offered residents the opportunity to sip their favorite beverage while getting creative with their paint and canvas.



## CHEFS SHOWCASE!

The Rainbow Room Chefs showcased their appetizer creations for residents and Center for Enrichment members. Everyone tried samplings of delicious homemade snacks.

Thanks Chefs!



*\*See full activities calendars posted on website*



Clement Manor is a proud host of an Alzheimer's Association Caregiver Group. Please join us for **FREE** support group meetings at Clement Manor, facilitated by trained individuals from the Alzheimer's Association of SE Wisconsin.

Meetings are held every 3rd Monday of each month starting at 2pm. For more information call Jeanne at 414-546-7319.

**COMING SOON**

\*See attached flyers for some amazing events for all residents, family and community members to enjoy!

- **Moments to Embrace Respite Program for Caregivers**
- **March Supper Club Night**
- **Lent Fish Fry Fridays**
- **Spring Open House**

## Center for Enrichment

The Center for Enrichment has something for everyone. The book club meets monthly to discuss a book that the members have chosen based on their interests. This month, they read Diane Chamberlain's *The Midwife's Confession*.



To learn more about the CFE and its class offerings, visit our website at: [www.clementmanor.com/cfe](http://www.clementmanor.com/cfe) or call Kristy at 414-546-7990.

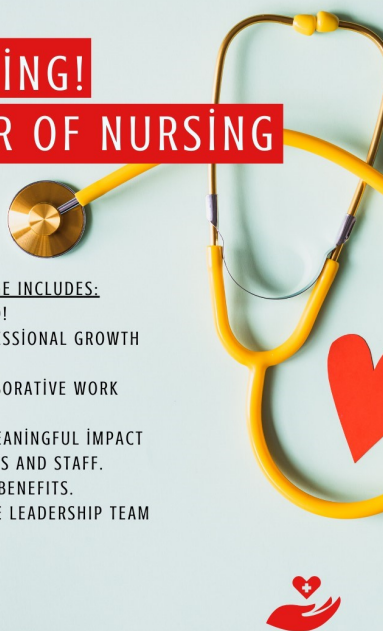
### WE ARE HIRING! DIRECTOR OF NURSING

#### COMPETITIVE BENEFITS PACKAGE INCLUDES:

- INCENTIVE BONUS OFFERED!
- OPPORTUNITIES FOR PROFESSIONAL GROWTH AND DEVELOPMENT.
- A SUPPORTIVE AND COLLABORATIVE WORK ENVIRONMENT.
- THE CHANCE TO MAKE A MEANINGFUL IMPACT ON THE LIVES OF RESIDENTS AND STAFF.
- COMPETITIVE SALARY AND BENEFITS.
- MEMBER OF THE EXECUTIVE LEADERSHIP TEAM

**Clement Manor**  
Life Enriched

Contact Emma for more information  
at 414-546-7386



### Recipe of the Month

#### Cupid's Cloud raspberry and cream dessert

#### Ingredients:

- 1 C whipping cream
- 1 TBSP sugar
- 1/2 tsp vanilla
- 2 C frozen raspberries
- 1/2 C sugar

#### Directions:

1. Using a mixer, whip together whipping cream, 1 tbsp. sugar and vanilla
2. In a food processor, blend the frozen raspberries and 1/2 C sugar
3. Once raspberries are blended, fold them in to the whipping cream with a spatula
4. Evenly distribute the dessert between 4-5 dessert cups
5. Refrigerate until ready to enjoy!

*Clement Manor is a Catholic-based continuing care retirement community located in Greenfield, WI, sponsored by the Franciscan Sisters of Christian Charity. Our mission is to promote healthy aging of individuals on our campus and in the community, through the values of respect, collaboration, and quality service. Our continuum of care includes Independent and Assisted Living Apartments, Enhanced Assisted Living and Memory Care in Clare Suites, Transitional Care and Skilled Nursing in our Health Center, and the Center for Enrichment lifelong learning classes.*

If you are interested in supporting our mission, donations are greatly appreciated! Please go to our website at [www.clementmanor.com](http://www.clementmanor.com) and click on the "DONATE NOW" button. Thank you for your generosity and support.

To register, and to see the full schedule of classes, go to  
[Clementmanor.com/moments](http://Clementmanor.com/moments)

# Clement Manor MOMENTS TO EMBRACE

## A CAREGIVER RESPIRE PROGRAM



### Your Time to Recharge – Their Time to Engage

**Are you a caregiver for a loved one with Alzheimer's Disease or Dementia?** Caring for someone you love can be fulfilling but also demanding. Our 12-week program is here to help by providing 2 hours of weekly respite so you can take a breath, recharge, and feel supported.

### WHAT WE OFFER:

#### For Caregivers:

- Each week, enjoy a different expert-led class designed to inspire, educate, and rejuvenate. Topics will range from self-care to effective caregiving strategies, all led by the knowledgeable team at Clement Manor.

#### For Your Loved One:

- Simultaneous engaging activities tailored for individuals with Alzheimer's or dementia, giving them a safe, stimulating environment while you participate in the program.

*\*This program is sponsored by Bader Philanthropies*

#### Details:

**Duration:** 12 weeks  
April 4 – June 27, 2025  
Every Friday  
10 am – 12 pm  
(no session April 18th)

**Location:** Clement  
Manor  
9405 W. Howard Ave.,  
Greenfield

**This is your opportunity to prioritize your well-being while ensuring your loved one receives compassionate care and meaningful engagement.**  
Space is limited!



**CONTACT US**  
414-546-7984



**VISIT OUR WEBSITE**  
[www.clementmanor.com/moments](http://www.clementmanor.com/moments)



Supper Clubs are open to all families and residents! We hope to see you there.



**MARCH**

*Supper Club Night*

**\$15 / Thursday, March 20 / 4:30-6:30 pm**

**🍀 Bar opens at 4:00 for a specialty drink 🍀**

*Starter*

Shrimp Chowder

*Main*

Crab stuffed Salmon with a Lemon Butter cream sauce  
Citrus Herb Orzo & stuffed Squash Ring

*Dessert*

Iced Banana Cake

**Please RSVP to Rainbow Room Chefs  
by March 13  
546-7389**

**Clement  
Manor**

**🍀 No Walk Ins Please**

## OFFERED IN THE RAINBOW ROOM

# 2025 Lent Fish Fridays

FRIDAY, MARCH 7

Cod Fish Fry – Dine-in or carry-out lunch and carry-out dinner (\*includes choice of side below) \$10

FRIDAY, MARCH 14

Tuna Casserole served with bread – Dine-in or carry-out lunch and carry-out dinner \$8

FRIDAY, MARCH 28

Haddock Fish Fry – Dine-in or carry-out lunch and carry-out dinner (\*includes choice of side below) \$10

FRIDAY, APRIL 4

Catfish Sandwich with Hushpuppies – Dine-in or carry out lunch, and carry out dinner \$7

FRIDAY, APRIL 11

Haddock Sandwich - Dine-in or carry-out lunch, and carry-out dinner (\*includes choice of side below) \$7

GOOD FRIDAY, APRIL 18TH

Cod Fish Fry \$10

Dine-in or carry-out lunch AND dinner

(\*includes choice of side below)

\*Choice of sides include: fries, sweet potato fries, steamed vegetables, fruit, beer battered onion rings, tator tots, or cold veggies





# CLEMENT MANOR IS IN FULL BLOOM!

• YOU ARE INVITED TO OUR  
SPRING OPEN HOUSE!

THURSDAY, APRIL 3, 2025

2 - 4 PM

**COME MEET OUR RESIDENTS AND STAFF  
AND TAKE A TOUR OF OUR UPDATED  
INDEPENDENT LIVING APARTMENTS.**

**WHILE YOU'RE HERE, MEET OUR CHEFS  
WHO WILL TREAT YOU TO SOME  
DELICIOUS TREATS FROM OUR  
CHOCOLATE FOUNTAIN!**

**Clement  
Manor**

Enter at 9405 W. Howard Ave.

Greenfield, WI 53228

Questions? Call Kim at 414-546-7000

Walk-Ins Welcome!