#### Life Enriched

December 2024

### Clement Manor



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# GIVING BACK TO THE COMMUNITY HELPING THE HOMELESS

CBS 58 News featured a segment about the partnership between our Clare Suites Memory Care and Enhanced Assisted Living residents, the Milwaukee One District Police Department, and families and friends who come together to donate necessities to people experiencing homelessness in our communities.

Every year, our residents collect much-needed supplies for the homeless in our communities. At the hub of the collection site, the residents package the supplies and then partner with the Milwaukee Police Department to deliver the bags.

We are very grateful to give our residents a sense of

purpose in helping others while working with excellent partners like the MPD and families who support this cause.





#### FEEDING THE HUNGRY...



For the past month, the Clement Manor staff and residents have collected non-perishable food items for those in need this holiday season. This is just one of our year-round community outreach initiatives. We are excited to share that we collected enough

food to fill a small truck, all donated to the Basilica of Saint Josaphat Food Pantry. Happy Holidays from all of us at Clement Manor! God Bless.

#### CHRISTMAS AROUND CLEMENT MANOR

This month has been a season of Christmas celebrations, including decorating our lovely spaces, attending holiday parties and festive outings, caroling with friends, doing cookie swaps, crafting, white elephant exchanges, and even a special visit from Santa and his elves!

Our residents and staff were very festive and thoroughly enjoyed this holiday season.













#### Pastoral Care Message: by Tom Brefka, Pastoral Care Manager

As we celebrate the birth of Jesus this Christmas, we are reminded of the humble beginnings of our Savior. He was not born in a grand palace or a lavish home, but in a

simple, humble stable, a place unworthy of the King of Kings. The contrast between His birthplace and His divine nature speaks to the depth of God's love for us, showing that the greatness of God is not found in wealth or power, but in humility and selfless love.

The hymn "We Three Kings" invites us to reflect on the guiding star that led the wise men to Jesus. The star, "with royal beauty bright," symbolizes the light of Christ that leads us out of darkness and into the presence of the Savior. Just as the wise men followed the star, we, too, are called to follow the light of Christ in our lives, seeking His love and peace, no matter where we find ourselves.

This Christmas, let us take inspiration from the shepherds

and wise men, who, through faith, followed the star to the Savior. May we be guided by the light of Christ to His perfect love, sharing that light with others and rejoicing in the gift of His birth. **Blessings to you all during this Christmas Season!** 

#### In Memoriam:

Kathleen O'Brien

Barbara Meinholz

Sr Rita Marie Malachinski

Florian Franecki

Bea Gorecki

Rosemary McGill

Audrey Hemmer

Dale Edward (staff)

## **Birthday Spotlight**

## **East and West Buildings**

12/2 Catherine Y.

12/3 Ben B.

12/4 Sr. Christine B.

12/5 John M.

12/6 Laura S.

12/6 Sally P.

12/7 Margaret M.

12/8 Patti P.

12/8 Bob P.

12/11 Marie P.

12/13 Sr. Darlene K.

12/13 Sr. Mary Ann W.

#### **Monthly Birthday Celebrations**

Every month, we love to celebrate our birthdays with fun parties in Independent Living, Assisted Living, Clare Suites and the Health Center areas. They all celebrate with entertainment and of course cake! Happy **DECEMBER** birthdays to all our Clement Manor residents!

12/16 Fr. Bill S. 12/28 Fr. Michael M.

12/17 Carol W. 12/29 Sr. Josita K.

12/19 Stanley S.

12/19 Ken M.

12/20 Pammela W.

12/27 Marion H.

12/28 Julia W.

#### **Health Center**

12/6 Barbara T.

12/22 Carl G.

#### **Clare Suites Memory Care**

DECEMBER BIRTHDAYS

12/11 Hellen M.

12/16 Eugene W.

12/22 Ken P.

12/24 Joseph R.

12/31 Arlene R.

#### UPCOMING JANUARY EVENTS

\*Activities Professionals Week January 20-24, 2025

1st and 21st Live Music—West

**7th** Happy Hour Social—Clare Suites and Frances Haven

**10th** Birthday Party—Clare Suites and Frances Haven

15th—Baking—Clare Suites

**16th** Supper Club (see flyer to RSVP)

**16th** Birthday Party—East

**17th** Fish Fry Outing—Clare Suites and Frances Haven

17th Chef Showcase—West

24th Birthday Party—West

29th Dinner Outing—West

**31st** Winter Wonderland Social—Clare Suites and Frances Haven

\*See full activities calendars posted on website



#### **CLEMENT MANOR SPOTLIGHTS**



We are excited to share that Carly Loewus, Clement Manor Campus Administrator, has been selected as one of the 2024 BizTimes

#### Milwaukee Notable Health Care Leaders!

Carly is honored because she has lead the regulatory inspection processes at Clement Manor, assisted in the process to receive the Joint Commission Gold Seal Accreditation (one of the first in Wisconsin!), creating staffing training programs and models, while overseeing the IT, Nursing and Culinary departments.

Congratulations Carly!

We are also excited to share that US NEWS & World Report once again rated Clement Manor 5/5 overall for its Health Care Center and 3/3 High-Performing Rating for Short-Term Rehab in its 2025 ratings. We continue to get the highest ratings



from this report every year. Ratings are based on fall prevention, hospitalizations, staffing, and inspections. Congrats to all staff at Clement Manor for continually being recognized for quality care!

Clement Manor is a proud host of an Alzheimer's Association Caregiver Group. Please join us for **FREE** support group meetings at Clement Manor, facilitated by trained individuals from the Alzheimer's Association of SE Wisconsin.

Meetings are held every 3rd Monday of each month starting at 2pm. For more information call Jeanne at 414-546-7319.

#### **Center for Enrichment**

The CFE will kickoff its 2025 Keynote Speaker Series starting in February with a talk about the history of George Washington. Be sure to check out all the upcoming speakers and classes in the new year and sign up soon! Spaces are limited.



To learn more about the CFE and it's class offerings, visit our website at: www.clementmanor.com/cfe or call Kristy at 414-546-7990.

#### **NEW WEBSITE!**

#### **Check out our NEW WEBSITE!**

We have so much to share with our staff, residents, families and community partners.

**FAMILY MEMBERS** can access important information on the Family Portal page.

Check it out at clementmanor.com

# Dinner with Blessings

Our lovely School Sisters of St. Francis residents celebrated Christmas with a beautiful dinner filled with Blessings and prayer.



#### Recipe of the Month

Cranberry, Feta and Walnut Salad

#### Ingredients:

2 cups mixed salad greens

1 cup dried sweetened cranberries

4 oz. feta cheese

1/2 C. chopped walnuts

2 TBSP balsamic vinegar

2 TBSP honey

1 tsp. Dijon mustard

1/4 tsp. black pepper

1/4 cup extra virgin olive oil

#### HAPPY 100TH BIRTHDAY EUGENE!





Clement Manor is a Catholic-based continuing care retirement community located in Greenfield, WI, sponsored by the Franciscan Sisters of Christian Charity. Our mission is to promote healthy aging of individuals on our campus and in the community, through the values of respect, collaboration, and quality service. Our continuum of care includes Independent and Assisted Living Apartments, Enhanced Assisted Living and Memory Care in Clare Suites, Transitional Care and Skilled Nursing in our Health Center, and the Center for Enrichment lifelong learning classes.

If you are interested in supporting our mission, donations are greatly appreciated! Please go to our website at www.clementmanor.com and click on the "DONATE NOW" button. Thank you for your generosity and support.

#### **Directions:**

- Toss greens, cranberries, cheese and walnuts in bowl
- 2. Mix vinegar, honey, mustard, pepper with whisk until blended
- 3. Gradually add oil, whisking until blended
- 4. Pour over salad
- 5. Enjoy!

Supper Clubs are open to all families and residents! We hope to see you there.

