

# Clare Suites Activities January 2025

Sun

Mon

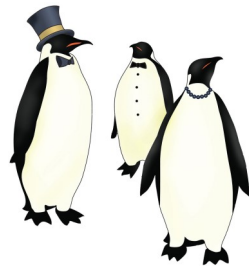
Tue

Wed

Thu

Fri

Sat



**Music-2-Dine** available during meal times. **Sheepshead group** Tuesdays at 3:30pm - may change as necessary.



**5**  
9:30 Mass CH or Ch 3-1

**6**  
9:30 Mass CH  
10:00 Exercise SR  
10:30 Trivia + current events  
1:30 Presidents presentation SR  
**3:00 Men's Group FHS**

**7**  
9:30 Mass CH  
10:00 Wheel of Fortune SR  
10:30 Hymns and communion  
2:00 January Trivia  
**2:30 Happy Hour Social NSDR**

**8**  
9:30 Mass CH  
10:00 Music Sensory Group  
10:00 Exercise SR  
10:30 IN2L Fun  
1:30 Elvis Bingo SR  
**2:15 Banana Pudding Snack**

**9**  
9:30 Mass CH  
9:30 Music Therapy Group 1 NL  
10:30 Music therapy Group 2 SR  
**2:00 Community Bingo (NSDR)**

**10**  
9:30 Mass CH  
10:00 Tai Chi w/ Deb Solis SL  
10:45 Bell choir SR  
**2:00 Birthday Party with Greg Driss NSDR**

**11**  
9:30 Snowball Toss w/ Tania SR  
4:00 Mass Ch 3-1

**12**  
9:30 Mass CH or Ch 3-1

**13**  
9:30 Mass CH  
**9:30 Bingo SR**  
1:30 Presidents presentation SR  
2:30 Manicures!



**14**  
9:30 Mass CH  
10:00 Travelogue—England SR  
10:30 Hymns and communion  
2:00 Word Mining Puzzle  
**2:30 Happy Hour Social NSDR**

**15**  
9:30 Mass CH  
10:00 Music Sensory Group  
10:00 Exercise SR  
10:30 Trivia + Current events  
**1:30 Baking SDR**

**16**  
9:30 Mass CH  
9:30 Music Therapy Group 1 NL  
10:30 Music therapy Group 2 SR  
**2:00 Community Bingo (NSDR)**

**17**  
9:30 Mass CH  
10:00 Tai Chi w/ Deb Solis SL  
10:45 Bell choir SR  
**11:30 Fish Fry Outing in Rainbow Room!**  
**2:00 Music w/Damian NSDR**

**18**  
9:30 Coverall w/ Pam SR  
4:00 Mass Ch 3-1

**19**  
9:30 Mass CH or Ch 3-1



**20**  
9:30 Mass CH  
10:00 Exercise SR  
**10:30 Martin Luther King Jr. Day History**  
1:30 Cheese lovers day SR  
**3:00 Men's Group FHS**

**21**  
9:30 Mass CH  
10:00 Bowling SR  
10:30 Hymns and communion  
2:00 Name that Tune  
**2:30 Happy Hour Social NSDR**



**22**  
9:30 Mass CH  
10:00 Pool Noodle Hockey SR  
10:30 Trivia  
1:30 January Jeopardy SR  
2:15 Winter Crafting

**23**  
9:30 Mass CH  
9:30 Music Therapy Group 1 NL  
10:30 Music therapy Group 2 SR  
**2:00 Community Bingo (NSDR)**

**24**  
9:30 Mass CH  
10:00 Tai Chi w/ Deb Solis SL  
10:45 Bell choir SR  
**2:00 Entertainment with Ron Rutkowski**

**25**  
9:30 Roll a Snowman w/ Laura Lee SR  
4:00 Mass Ch 3-1

**HAPPY ACTIVITY PROFESSIONALS WEEK! 1/20-1/24**

**26**  
9:30 Mass CH or Ch 3-1

**27**  
9:30 Mass CH  
**9:30 Bingo SR**  
10:30 Chocolate Cake day snack  
**1:30 Movie + Popcorn!! SR**



**28**  
9:30 Mass CH  
10:00 Word Unscramble SR  
10:30 Hymns and communion  
2:00 Hangman  
**2:30 Happy Hour Social NSDR**

**29**  
9:30 Mass CH  
10:00 Exercise  
10:30 Current Events + trivia  
**1:30 Winter's Pretty Plants and Flowers SR**  
2:30 Afternoon snack

**CHINESE NEW YEAR**

**30**  
9:30 Mass CH  
9:30 Music Therapy Group 1 NL  
10:30 Music therapy Group 2 SR  
**2:00 Community Bingo (NSDR)**

**31**  
9:30 Mass CH  
10:00 Tai Chi w/ Deb Solis SL  
10:45 Bell choir SR  
**2:00 Winter Wonderland Social! NSDR**

**\*\*Activities are subject to change at any time. Thank you!**



**Room Key:**

SR = Sun Room on CS South  
NSDR = FH North Star Dining Room  
SL = CS South Lounge

SDR = CS South Dining Room  
Ch2 Entertainment  
FHN = Francis Haven North  
NSP = North Star Patio  
Clubhouse = 1st floor Activity Space

CH = 1st floor Chapel  
Ch3-1 = TV Channel 3-1  
FHS=Francis Haven South  
NL = CS North lounge

