










Clement West Apartments Activities DECEMBER 2024



Activities are subject to change at any time. Thank you.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:00 Deck The Halls Lobby Sign up 12:30 Deck The Volunteer Thank You Pizza Party Lobby 	2 No Craft Club Today See you Jan 2025 3:30 Sit & Fit 381-A w/Natalie Carolina off duty today	3 10:30 Coffee Klatch Lobby 1:00 Office Hours 281-A 3:30 Hillsdale College 105 Online Course Congress ~How It Worked and Why It Doesn't	4 10:30 Walking Club Lobby 1:00 Shopping: ALDI Lobby Sign up 3:00 Neighborhood Committee Mtg 105 7:15 Rosary 281-A	5 10:00 Knit & Crochet 105 11:00 Blood Pressure Clinic 107 1:00 Bingo 105 3:00 Hymn Sing MPRM 4:00 Dinner w/ Friends RR 7:15 NFL 181-A Packers v Lions	6 1:30 Stitch w/Ruth 281-A 2:30 Afternoon Tea Lobby	7 9:00 Christmas Breakfast (RSVP) RR 7:00 \$1.00 Bingo 105 Bring \$1.00
8 Independent Leisure & Recreation 	9 Carolina will work 1p-5p today No Resident Council Board Meeting today 3:30 Sit & Fit 381-A	10 10:30 Coffee Klatch Lobby 3:30 Bible Study 281-A Jonah 6:00 Outing: Candy Cane Lane Sign up	11 10:00 Food Drive Deliver Basilica of St Josaphat Lobby Sign up 10:30 Walking Club Lobby On your own NO SHOPPING TRIP TODAY 2:00 Christmas Caroling w/ Resident Choir Chapel Lobby 6:00 Advent Service Chapel Whispers of Mary 7:15 Rosary 281-A	12 10:00 Knit & Crochet 105 10:15 Reconciliation Service Chapel 11:00 Blood Pressure Clinic 107 1:00 Bingo 105 No Hymn Sing today See you Jan 2025 3:00 Christmas Caroling OLA w/ Resident Choir CMW Lobby 4:00 Dinner w/ Friends RR	13 1:00 Movie & Popcorn 181-A I heard The Bells True Story ~ H W Longfellow (1hr 52min) 2:30 Christmas Concert w/ Brett Gaertner RR Carolina off duty today	14 10:30 Live Music: RR Carols w/ Kids Choir Saints Cyril & Methodius Orthodox Church Refreshments Provided 1:00 Lets Talk Café Family Christmas Traditions 
15  7:15 NFL 181-A Packers v Seahawks	16 10:30 Gift Wrapping Studio 105 1:00 Cookie Swap & Egg Nog Social 181-A 3:30 Sit & Fit 381-A 	17 10:30 Coffee Klatch Lobby 1:00 Office Hours 105 3:30 Bible Study 281-A Jonah	18 10:30 Walking Club Lobby 11:00 Shopping: Walmart Sing up Lobby 1:00 Movie & Popcorn MPRM The Story of Jonah: (45min) 3:30 Live Music: RR w/ ADA DUO 7:15 Rosary 281-A	19 10:00 Knit & Crochet 105 11:00 Blood Pressure Clinic 107 No Resident Council Today 3:00 Welcome Committee Mtg 105 RR 4:00 Supper Club RR w/Whitnall H.S. Carolers RSVP	20 10:30 Group Exercise: MPRM Improve Balance w/ Otago 1:00 White Elephant Social Sign up RR 1:30 Stitch w/Ruth 281-A 2:30 Birthday Party RR Happy Hour 	21  1:00 Outing: T'was the Month Before Christmas 2p Sunset Playhouse Register by 12/5 7:00 \$1.00 Bingo 105 Bring \$1.00
22 Independent Leisure & Recreation	23 3:30 Sit & Fit 281-A w/ Natalie 7:15 NFL 181-A Saints v Packers Carolina off duty 12/23-1/1	24 10:30 Coffee Klatch On your Own Lobby 4:00 Christmas Mass Chapel	25 <i>Merry Christmas</i> 9:30 Mass Chapel 7:15 Rosary 281-A 	26 10:00 Knit & Crochet 105 No Blood Pressure Clinic Today See you Jan 2, 2025 4:00 Dinner w/ Friends RR	27 Independent Leisure & Recreation	28 1:00 Lets Talk Café Grande Finale
29 7:15 NFL 181-A Packers v Vikings	30 3:30 Sit & Fit 281-A w/ Natalie	31 10:30 Coffee Klatch Lobby 2:00 NYE Social & Happy Hour RR Sign up 2:30 Mock Ball Drop & Live Music w/Easy Days Quartet 				

Birthday Sweets

December 1–7: Bread Pudding
You are practical, organized, and reliable. But it's your sly sense of humor and tender side that make you the belle of the ball. Your friends count on you to throw epic parties, and you always make your loved ones feel special.

December 8–13: Pie
A natural leader, you have confidence and charisma in spades. The key to your success is always listening to and caring about others. While you enjoy socializing, you also love a quiet afternoon with a book or a bubble bath.

December 14–22: Cheesecake
Spiritual and intuitive, friends call on you for guidance and comfort. You are careful with your words; when you speak, your wisdom shines through. You are also known for your elegance, bravery, and charm.

December 23–31: Cookie
Sweet, loving, and fun, you have more friends than you can count. You are responsible, smart, and bookish but also have a silly side that makes everyone smile.



The Long Night Moon

December's full moon aligns with the winter solstice, the longest night of the year. It is known as the cold moon, the long night moon, or the wolf moon, and is a prime time for reflection and gratitude for the wonders of life.

December Zodiacs

Sagittarius (The Archer)
December 1–21

Capricorn (The Sea Goat)
December 22–31

December is the 12th month of the year in the Julian and Gregorian calendars. The ancient Romans initially made December the tenth month, but later, when January and February were added, December became the final month. In the northern hemisphere, this month has the shortest daylight hours of the year. Did you know that December starts on the same day of the week as September and ends on the same day as April every year?

Around the World

How do you say <i>December</i> in different languages?	12/2
	12/3
• Spanish – Diciembre	12/4
• Portuguese – Dezembro	12/5
• Icelandic – Desember	12/6
• German – Dezember	
• Hindi – Disambar	12/7
• French – Décembre	12/8
• Polish – Grudzień	
• Danish, Norwegian, Swedish, Flemish, Dutch, Hungarian, and English – December	12/11
	12/13

December Birthdays

Catherine Yee	#114
Lowell Benjamin	#224
Sr Christine Baker	#257
John McRoberts	#212
Laura Szatkowski	#125
Saly Partker	#253
Margaret Mehigan	#215
Bob Pratt	#161
Patricia Purtell	#202
Marie Pratt	#139
Sr Dalene Kanera	#358
Sr Mary Ann Walentowski	#159
Fr Bill Stanfield	#369
Mary Andritsch	#119
Carol Walentowski	#159
Stanley Steingold	#116
Pammela Wright	#118
Marion Hintz	#239
Julia Willkom	#367
Fr Michael Michalski	#133
Sr Josita Krzeminski	#158

What's Lucky in December?

- Lucky Color: Green
- Lucky Animal: Coyote
- Lucky Letters: L and M
- Lucky Day: Wednesday
- Lucky Plant: Narcissus



FUN FACT

December 2024

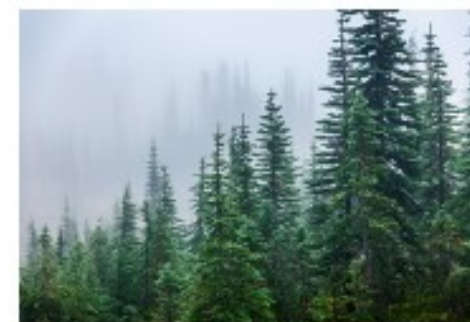
*"Holly and mistletoe, candles and bells,
I know the message that each of you tells."*

~ Leland B. Jacobs



Tree of the Month – Pine

Pines are conifer trees or shrubs that are prized for their crisp, refreshing scent. They are the largest type of conifer, with 187 different species. These hearty trees can survive in a wide range of climates, from deserts to rainforests, and do well in subpar soil. However, they thrive best in mountainous areas with ample rainfall and favorable soil. Not only are pines flexible enough to bend with and endure large snowfalls but they also are resistant to fire. Pinecones protect the plant's seeds from harsh weather conditions. Pines are fast-growing, long-lived trees that are a popular



choice for landscaping, timber, and Christmas trees. These trees are especially good at preventing soil erosion and providing windbreaks. Pines can live between 100 to more than 1,000 years. The oldest living pine, a Great Basin bristlecone named Methuselah, lives in Inyo National Forest in eastern California and is over 4,800 years old.

Special Days

Cyber Monday
December 2

Winter Solstice
December 21

Christmas
December 25

Hanukkah Begins at Sundown
December 25

Boxing Day
(UK and Canada)
December 26

Kwanzaa Begins
December 26

New Year's Eve
December 31

Flower – Holly



December's flower is the hearty, vibrant holly plant. Its bright red berries and glossy, deep green leaves have come to symbolize the winter holiday season, and particularly Christmas. Holly also symbolizes truth, protection, fertility, and eternal life. In fact, some holly trees live up to 400 years. Holly grows in temperate and subtropical climates. Its berries are slightly toxic to humans but can be eaten by birds. Some types of holly leaves are used to make tea.

Birthstone – Turquoise



Turquoise has been valued for its tremendous beauty for thousands of years. Archaeologists have discovered turquoise jewelry on the mummified bodies of queens in Egyptian tombs and in ancient burial sites in Argentina, Peru, and Mexico. The Inca used the stone to craft beads and figurines, while the Aztecs used it to make pendants and ritual masks. The Chinese were carving it for decorative art over 3,000 years ago. Turquoise is also often used as a love charm.