



LAUNDRY, HOUSEKEEPING, MAINTENANCE

Laundry - wash, dry, fold	\$11 per load
Apartment Cleaning	\$33 per hour
Maintenance Services	\$39 per hour
Guest Room Rentals	\$72 per night
Underground Parking Space	\$70 per month
Carpet Cleaning	Starting at \$70

INDEPENDENT PLUS OFFERINGS

Get some of the services mentioned above bundled together at a premium package price, also including meal plans, medication and other reminders. **Ask us for details!**

FALL DETECTION DEVICES

- Option to receive a Fall Detection device.
- Your watch or pendant will detect if you have a fall, and will notify your emergency contacts and 911 immediately.
- It will detect your location.
- Contact Simple Alert Solutions for more information at 262-457-1000



OUR CONCIERGE TEAM IS HERE TO PROVIDE THE BEST WELLNESS SERVICES TO YOU

OPTIONAL WELLNESS SERVICES



- WEEKLY BLOOD PRESSURE CLINICS
- MONTHLY PODIATRIST VISITS
- MONTHLY CHECKS FROM HEAR WISCONSIN

OTHER WELLNESS SERVICES

- HOME HEALTH OPTIONS
- REHAB THERAPY SERVICES ONSITE
- SPEECH, PHYSICAL AND OCCUPATIONAL THERAPY
- DENTAL SERVICES
- SOCIAL WORK SERVICES AND REFERRALS
- DOCTOR AND NURSE PRACTITIONER VISITS

CONTACT OUR CONCIERGE TEAM

FOR QUESTIONS OR APPOINTMENTS, PLEASE CONTACT HEIDI, YOUR CARE MANAGEMENT COORDINATOR AT 414-546-7310





Featuring

INDEPENDENT PLUS

Are you someone who would like a little "extra help" but not quite ready for Assisted Living?

Consider the new Independent Plus program as an enhancement to your daily living by choosing a BUNDLE package to suit your needs.

This new bundle service line is perfect for someone who would like help with meals, housekeeping, laundry, and a daily check-in system for your peace of mind!

You deserve to live carefree!

Contact Teresa at 414-546-7374

WWW.CLEMENTMANOR.COM



SERVICES PROVIDED

- DAILY CHECK-IN
- WEEKLY CLEANING SERVICE
- WEEKLY LAUNDRY SERVICE
- DAILY MEDICATION REMINDER
- FREE CENTER FOR ENRICHMENT CLASSES
- . EMERGENCY PULL CORDS
- . MEAL PLAN OPTIONS
- ACTIVITY REMINDERS

PLAN COST PER MONTH WILL BE BASED ON MEAL PLAN CHOICE: (plus rent):

- **A. 20 Meals/month—\$468**
- **B. 1 meal / day—\$598**
- C. 2 meals / day—\$988
- **D. 3 meals / day—\$1,352**







As part of our Wellness Portfolio, we want all residents to stay independent as long as possible!

Simple Alert Solutions is available to all Independent residents at Clement Manor.

With the help of a button:

- Your watch or pendant will detect if you fall.
- Your emergency contacts and 911 will be notified immediately.
- Your location will be detected.
- You and your family will have peace of mind that you can stay safe!



TO LEARN MORE, CONTACT SIMPLE ALERT SOLUTIONS AT 262-457-1000



Optional Meal Program in the Rainbow Room



Chef Joe and Chef Russo were recognized as Heroes in Healthcare by the Milwaukee Business Times

Plan cost are on a per month basis, added to your invoice:

- 1. \$ 480 2 meals/day
- 2. \$ 270 1 meal/day
- 3. \$ 180 20 Meals/month

*Plan is based on 30 meals/month

*Weekend meals should be ordered and picked up
in the Rainbow Room by 4pm on Fridays

*Meals will not roll over month by month

To sign up, contact Heidi at 414-546-7310



Clement Manor

CENTER FOR ENRICHMENT

LIFELONG LEARNING CLASSES

What You Will Find

Opportunities for education, wellness, and spiritual growth while encouraging social interaction.

Class Offerings

History, literature, music, wellness and spirituality, exercise, current events, science, art, water fitness, and more!

Who Can Join?

All Clement Manor residents can join for free, and any community member, ages 50+, for a small fee.

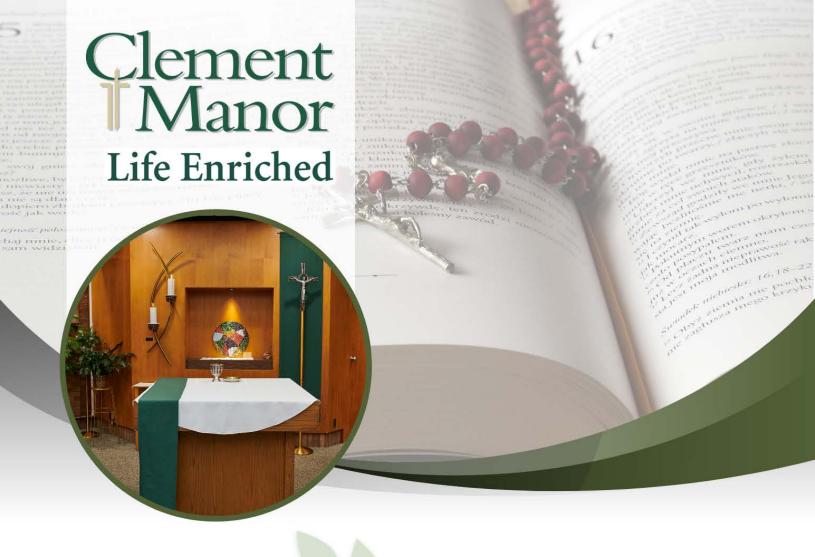
CHECK OUT ALL THE BENEFITS:

9405 W. Howard Ave., Greenfield, WI 53228

414-546-7394

www.clementmanor.com/cfe





DAILY CHAPEL SERVICES OFFERED

SPONSORED BY THE FRANCISCAN SISTERS OF CHRISTIAN CHARITY



What is MUSIC THERAPY?

According to the American Music Therapy Association (2005), it is "the clinical & evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program."



Goals of Music Therapy with Older Adults:

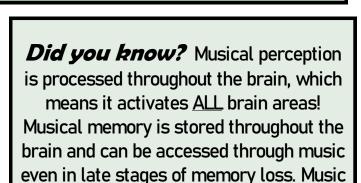
- Enhance daily living in an individual or group setting
- 2. Support & promote self-expression and communication through singing and active music making
- 3. Improve mood
- 4. Decrease anxiety, depression, or agitation and increase relaxation
- 5. Encourage physical movement (e.g. enhance fine and gross motor skills)
- 6. Provide structure and meaningful engagement/socialization with others
- 7. Provide opportunity for sensory stimulation
- 8. Enhance cognition and memory recall

Music therapy groups, Bell Choir, Choir, and 1:1 visits are offered at Clement Manor. For more information, feel free to reach out to

Rebecca at rfischer@clementmanor.org if you have further questions!

Types of music interventions may include:

- Singing
- Instrument playing and improvisation
- Music listening
- Music and creative arts (e.g. coloring or painting)
- Music and life reminiscence
- Movement to music
- Songwriting
- Vibroacoustic stimulation for relaxation or sensory stimulation through instruments such as the ocean drum or HAPI drum



also helps to enhance synaptic connections in the brain and helps maintain cognitive function that would otherwise be lost if left unused.





Care Partner Program



Our Vision



serves clients by supporting their health and independence while enhancing their overall wellness. Our philosophy of whole person wellness is rooted in creating community, and consistently provides choices and services that positively impact the health of those we serve.

Offerings

- Companionship
- > Medication reminders
- > Shopping errands
- Organization services
- > Meal preparation & menu planning
- Outdoor adventures
- **>** Referrals
- Trinity Senior Services Navigator

GET IN TOUCH TODAY!

- Christine Pfankuch
- <u>🧐</u> 414-748-9019
- cpfankuch@trinityseniorservices.org
- www.trinityseniorservices.org



Scheduled Available Service Charge	Fee Amount
Personal Review/Assessment Ensures that the expectations and needs of the client are identified and match the services being delivered. If the client has a change of health condition such as a hospitalization or ER visit an updated assessment and review of services would be indicated.	\$65 for Admission Fee \$50 for change of condition review or as indicated
Navigator/Care Management The Navigator is responsible for identifying the appropriate placement and care for individuals experiencing a change in health condition or residential status that are part of or are seeking services within Trinity Senior Services Organizations and through home transitions. This individual, working with appropriate team members, supports the development of a discharge/ transitional plan of care when necessary while directly supporting the individual and the family through transitions of care.	\$90/hour
Companionship Services Services provided by a Care Partner are one-on-one companionship type activities. These may include but not be limited to reading, talking, helping to schedule appointments, going for walks, playing puzzles or games (mental stimulation), opening mail, meal preparation or accompaniment to appointments/outings.	\$39/hour- minimum of one hour increment for current TSS resident. \$35/hour when 2 or more consecutive hours are reserved per day. \$33/hour when 4 or more consecutive hours are reserved per day. Holidays are charged at double time(2x).
Total Fees for month, billed in advance.	Number of hours multiplied by rate
Taxi Miles	\$1.00/mile

